

Inclusive Sport and Recreation Collective Catch up

September 15, 2021

12:00pm

Meeting Minutes

Introduction

- Dr. David Legg welcomes attendees

Round Table

- Brian with Ever Active Schools
 - School Sport For All project to focus on no cuts in school sports and provide an opportunity for everyone to be involved in school sport
 - Active Alberta Coalition – shared with government that we'd like government support for some job creation in terms of training for young people to get involved with sport and recreation opportunities.
- Katie with Ever Active Schools
 - Learn to skate partnership with the Oilers Community Foundation. The students from grade 2 to 9 get three lessons to learn to skate and the fourth lesson they try sledge hockey
- Jen with Wheelchair Sports Alberta
 - Graham Baxter joined WSA as new technical director.
 - New sled program in Peace River
 - Tennis program in Edmonton with Edmonton Tennis with new Edmonton Wheelchair Tennis Club
 - Running school program to introduce wheelchair sport to students
- Linda from Alberta Sport and Recreation Association for the Blind
 - Gym bookings have been a challenge as they need silence for programs so the gyms with curtain dividers don't work well
 - Summer included outdoor soccer, walking , disc golf
 - Three blind hockey teams (Calgary, Edmonton and Red Deer)
 - Wanting to host Western Canadian Blind Hockey Championships at Winsport
 - Held successful blind golf programs in Calgary and Edmonton

- Talking about starting blind tennis
- Working on a package to deliver and provide packages to teach VI kids in core school physical education programs
- Jill with Special Olympics
 - Ran pilot program in the summer
 - Recommended by Special Olympics Canada that all chapters mandate vaccines for their members
 - Sending 17 athletes to Kazakhstan, Russia in January to participate in the World Winter Games, the games were postponed now until 2023.
- Tim with Alberta Amputee Sports
 - Funding athletes to go to sailing competitions in Vancouver
 - Funding 3 athletes to go to Las Vegas and Dallas for golf
- Adriana with Alberta Cerebral Palsy Sports Association
 - New partnership with MRU and Calgary Adapted Hub to have Boccia happen this Fall
 - Power Soccer and Para Soccer in Calgary happening in partnership with Eastside Memorial Football Club in Calgary
 - Boccia clinic to be happening this fall in Red Deer with the City of Red Deer
 - Boccia and Power Soccer have started in Edmonton
 - Starting a skill development program for power hockey in Edmonton
- Allison with City of Edmonton
 - City of Edmonton hosts an interagency committee meeting
- Jamie with Rocky Mountain Adaptive
 - Just held the Fall festival of Adaptive Outdoor sports
 - Held one last week in Jasper
 - Run another one in late September
 - Run another early October in Bow Valley
 - They are completely booked out with waitlists
 - Held multi-week programs this summer: paddle sports, mountain biking, leisure biking, golf, local hiking club
 - Winter programming will be as normal with additional programming in Jasper
 - Also will be running free of charge try it camps
- Mackenzie with the Steadward Centre

- This summer held the cycle adventure program to teach kids to ride bikes
 - Running 1 on 1 programming this fall with the Free2Bme PALS program.
 - Teen fitness fun which is for ages 15 and up to learn how to workout in a gym type space
 - River Valley Adventure program to get kids to experience outdoors together
- Jen with the Steadward Centre
 - Positive Youth Development Framework training available through SPARC Alberta – introduce positive youth development, awareness and strategies for those working in Sport and Recreation
 - Research study looking at sport and recreation needs of mothers and daughters with disabilities. Contact Jen if have girls and/or women interested in participating in study.
- Jessica with the Steadward Centre
 - Multi sport camp happening this weekend partnered with a variety of local parasport organizations
 - Athletes to Coaches project to have youth and young adults with disabilities learn more about coaching. This will be a free program.
- Deanne with City of Calgary Recreation
 - Summer was successful in running an adapted golf program as well as an outdoor series program
 - In the process of calling back 1200 staff to work
- Emily with Alberta Schools Athletic Association
 - Connecting with schools to find out about the Unified Sports programs – continue to do virtual or in person
 - Para sport will be focused on cross country competition this fall
- Karen with Calgary Adapted Sport Hub
 - All Sport One Day is happening across the month with multiple adaptive sport options
 - We will need a lot of first contact introductory programs over the next year because a lot of people have missed out
- Leticia with Calgary Adapted Sport Hub
 - Upcoming seminar on September 23 about the child’s perspective on the benefits of therapeutic horseback riding.

- Another project focusing on concussion in adapted sport and para sport.
- Suzanna with Ultimate Wheelchair Sports
 - Successful summer with cycling program (junior and adult)
 - Cycling tours program also successful
 - Getting ready to run junior adaptive cycling program at MRU indoors
 - This winter we will run the junior and adult cross country ski program
 - Alberta wide spin program on virtual platform
 - Discussion of trying to find provincial wide hub or platform to allow people to more easily find out about inclusive sport in our province
- Leah with Government of Alberta
 - Busy getting operational grants out this summer
 - The province has declared September 29 as Alberta Concussion Awareness Day
- Kacey with the Paralympic Sports Association
 - Outdoor programs were very popular (kayaking and cycling)
 - Run summer camps for the first time in a long time this year
 - This fall we are running a spin program out of the U of A
 - Doing a spin fundraiser on October 2 (postponed until end of October)
- Tara with Medicine Hat Adaptive Sport and Recreation
 - Successful summer with programming (golf and cycling)
 - Fall programming includes sledge hockey (junior and adult), wheelchair curling, wheelchair basketball (junior and adult) and boccia
 - Ran a sledge hockey coaching clinic and player camp in Calgary this past weekend on behalf of Hockey Alberta
 - Supporting Boccia Canada to help get some boccia going in Saskatchewan this year
- Shelley with Glenrose Rehabilitation Hospital (Recreation Therapist)
 - Looking at outpatient caseloads (amputee, spinal cord injury and neurological patients) so trying to find out available resources
 - Not able to do community visits with patients at this time
- Dr. Steadward
 - Encourages individuals to nominated inclusive sport leaders for the Alberta Sports Hall of Fame